

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Adelphoi Village-Intensive Supervision Male Group Homes-Family Counseling

Cohort Total: 25/20

SPEP ID: 163-T01

Selected Timeframe: Jul. 1, 2016 - Dec. 31, 2017

Date(s) of Interview(s): Jun. 23, 2017 & Jul. 20, 2017

Lead County & SPEP Team Representatives: Bill Holt, Allegheny County & Shawn Peck, EPISCenter

Person Preparing Report: Bill Shultz & Shawn Peck

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Adelphoi Village provides various types and levels of residential treatment programs for male and female youth across Pennsylvania. Types of treatment include: General Secure Care/Male and Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug and Alcohol Group Home/Male; Intensive Supervision Group Homes/Male and Female (inclusive of a specialty unit with a mental health focus/Female); and Shelter/Male and Female. Treatment is individualized and is designed to address a number of criminogenic risk factors, inclusive of anger and aggression issues, poor problem solving, mild to moderate mental health issues, strained family dynamics, and trauma. Adelphoi Village's philosophy is that the cycle of degeneration can be altered in favor of positive growth and success through applying the beliefs and principles of brotherly concern coupled with proven modalities. Youth are placed by the courts within one of Adelphoi Village's Intensive Supervision Female Group Homes at varied stages of court involvement. This may be the initial out-of-home placement for a youth or may be upon the court transitioning a youth already in placement, within a more restrictive/secure level of care, to a less restrictive level of care. The average length of stay varies across Adelphoi Village's different program types. All youth in this program receive weekly family counseling with either a Family Case Worker or a Master Level Family Therapist from Adelphoi Village. A Family Therapist could be assigned due to the recommendations made by a psychologist. In the event that a Master Level Family Therapist would be assigned, a Family Case Worker would not be necessary. Approximately half of the youth have a Family Therapist and half of the youth have a Family Case Worker. Family Therapists may work with families in their homes independently while the youth is in a residential program. Either a Family Therapist or a Family Case Worker administers The Family Advocacy and Support Tool (FAST) to develop effective interventions and drive the treatment planning process. Every family is encouraged to participate in family counseling when the youth begins their treatment, and the clinical staff are trained on engagement strategies. In order to encourage family participation, Adelphoi Village also provides transportation to family members via agency drivers, train tickets, bus tickets, or gas reimbursement to families who can travel to the facility. Adelphoi Village also provides hotel rooms for families that can visit over multiple days or have a long traveling distance. Regardless of the degree of parental involvement, some type of family work occurs every two weeks, either through Skype or teleconference. Every youth is given the opportunity to speak to their families every day, either by outgoing or incoming call. Family visitation, therapy, and counseling is scheduled at the family's convenience and availability.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? Yes

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 20

Total Points Earned: 20 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 6

Points received for Dosage or Number of Hours: 0

Total Points Earned: 6 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

20 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 12 points

0 youth in the cohort are High or Very High YLS Risk Level for a total of 0 points

Total Points Earned: 12 Total Points Possible: 25

Basic SPEP™ Score: 58 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and [Performance Improvement](#)

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

Family Counseling scored a 58 for the Basic Score and a 69% Program Optimization Percentage. It is classified as a Group 3 service; Family Counseling service type with no qualifying supplemental service. The quality of the service was found to be at a High level. For amount of service, 64% of the youth received the recommended targeted weeks of duration and 0% of the youth received the recommended targeted contact hours for this service type. The risk levels of youth admitted to the program were 0% as low risk, 90% as moderate risk, and 10% as high risk. The program could continue to improve its capacity for recidivism reduction through:

1. Regarding Amount of Service:
 - a. Improve communication with the Juvenile Probation Departments that use this service on the research supported amount of service that should be provided for this service type.
 - b. Increase dosage to better match research-based targeted recommendations.
2. Regarding Risk Level of Youth Served:
 - a. Improve communication with the Juvenile Probation Departments that use this service to better match research recommendations for the Level of Risk; there are larger positive effects on recidivism with high risk juveniles.